



**Harvey County Drug-Free Youth Coalition & Regional Prevention Center of South Central KS at Mirror, Inc.**

sponsoring a

## **Brown Bag Lunch Event**

# **"Drug Abuse and The Boomer Generation"**



**When:** Thursday, December 17 Noon – 1:00 pm

**Who:** Parents, Grandparents. Treatment Providers, Coalition Members, Educators, Prevention Specialists, Community Members, Counselors, Social Workers, Pastors/Clergy...

**Where:** South Central Regional Prevention Center at Mirror, Inc., 130 E. 5<sup>th</sup>, Newton

**Reserve Your Spot:** Call 316-284-6520 or email [cishc@cisharveyco.org](mailto:cishc@cisharveyco.org)

Bring your own lunch and learn.

Drug abuse affects people of all ages, and America's baby boomer population is no exception. As drug use declines among some younger populations, it's increasing among older adults. The boomers were born between 1946 and 1964 and are now in their 40s, 50s, and 60s and make up our country's largest generation. Some carried their bad habits into adulthood, but an increasing number of people are becoming drug users as a way of dealing with feelings of grief, financial difficulties, loneliness, medical problems, or other issues. Many younger boomers end up caring both for parents and children at the same time, making them part of the so-called "sandwich generation". Drug use in this group impacts the very people who they care for and who love them.

### **What you'll learn:**

- Learn which drugs baby boomers abuse most often
- Hear why treatment is different for older adults
- Find out how to identify substance abuse & Know how and where to seek help if an adult is abusing drugs
- Learn how families and communities can help prevent drug abuse among baby boomers